

CIAP news

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Who wants to retire anyway?

The [Royal Australian College of Surgeons \(RACS\)](#) have changed their CPD regulations to include requiring ageing surgeons to have their own GP and undergo regular health checks. This notable fact comes from an article published in the [Medical Journal of Australia \(MJA\)](#), which discusses the professional and personal factors affecting ageing doctors' decision to retire.



It is true that baby boomers are working through later ages than their preceding generation and this is also evident amongst doctors in Australia, where around 1700 employed doctors are over the age of 75. The MJA article, based on a systematic review, highlights how continuing financial obligations delay retirement, and strategies to mitigate career dissatisfaction, workplace frustration and workload pressure support doctor's decisions of continuing to practice. These findings were consistent with more general studies regarding the ageing workforce.

The article goes on to discuss findings specific to postponed retirement in the medical profession. Three key factors were highlighted: The centrality of a doctor's career to his/her life, financial security (particularly self employed doctors) and personal health.

Read the [full article](#) for more insight.

The Question

This month's question is:

'Brevetoxins, produced by *Karenia brevis*, are the major cause of which type of poisoning?'

The answer is 'Neurotoxic Shellfish poisoning'.

This question was found in [Mandell, Douglas, and Bennett's Principles and Practice of Infectious Diseases volume 2](#) (Chapter 286). The book is considered the reference of choice for comprehensive, global guidance on diagnosing and treating the most challenging infectious diseases and is available via CIAP. To read the full text and others, go to CIAP's full books list.



A glass a day keeps the myocardial infarction away...

The [British Medical Journal \(BMJ\)](#) have published an article associating alcohol consumption with reduced risk of cardiovascular diseases. The article is based on a study of almost two million adults, which found that those drinking a 'moderate' amount of alcohol have a decreased risk of a number of cardiovascular conditions compared to those who drink no alcohol. Heavy drinking was associated with increased risk of the majority of cardiovascular conditions although surprisingly, a decreased risk of myocardial infarction or stable angina.

Read the [full article](#) for more information.





Ovid Discovery Service - Announcement

We are excited to announce that Ovid Discovery Service will be launched on CIAP on 1 May, a new discovery search platform to be integrated into CIAP to help discover valuable resources and support evidence-based practice at the point of care.

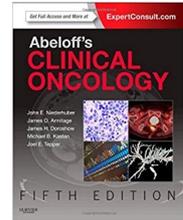
Ovid Discovery Service offers a contemporary search experience for CIAP users with an emphasis on biomedical subjects and content. It includes a brand new discovery search and a catalogue-like browsing function and interface for CIAP journals and books.

Be on the lookout for further updates on CIAP in the coming month.

CIAP's Book of the Month

Practical and clinically focused, [Abeloff's Clinical Oncology: Expert Consult Premium Edition](#) effectively captures the latest scientific discoveries and their implications for both Cancer diagnosis and management. From Oncologists and Radiologists to Surgeons and Nurses, Abeloff's enhances one's understanding of complex concepts whilst promoting effective collaboration to provide the best possible care.

To read Abeloff's Clinical Oncology: Expert Consult Premium Edition and more, go to Books & Dictionaries, which can be found on CIAP's home page.



CIAP App Spotlight - Access Medicine



The Access Medicine app from McGraw-Hill delivers support and point of care solutions for clinical practice. It contains an evidence-based collection of concise condition outlines; a dermatologic diagnosis tool including colour images; a differential diagnosis tool; and a pocket guide for interpreting commonly used diagnostic tests.

Access Medicine is available from the App Store and Google Play store.

For more information, visit CIAP's [Mobile Help](#) page.

CIAP Tips and Tricks - Live Online Training

The CIAP team understands how precious time can be as a busy clinician so we offer a variety of practical educational opportunities. Through CIAP education, you can gain insight into the most effective methods of finding evidence based information, saving you time and improving patient outcomes.

One of our most accessible and effective methods of training are our one hour live online (WebEx) sessions. Attendees are able to watch the session from any internet enabled computer by simply logging in to the WebEx using the instructions provided by CIAP.

If you would like to attend a CIAP, Ovid or BMJ Best Practice WebEx session, please take a look at the full schedule on CIAP's [Live Online Training](#) page.



We'd love to hear from you...

[Tell us](#) what we should discuss in the upcoming CIAP newsletters.

Upcoming CIAP Events

Live online Training

3 April | 15:00-16:00
Introduction to Ovid

23 May | 14:30-15:30
CIAP Essentials

[Register Here](#)

Workshops

3 May | Paediatrics
Hunter Medical Research Institute

9 June | Evidence-Based Practice
Westmead Hospital

[Register Here](#)

In-services

9 May | CIAP Essentials
Shoalhaven District Memorial

16 May | CIAP Essentials
Royal North Shore

[View Here](#)

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1800 824 279

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