



Register Here  
& Earn CPD Points

# CIAP Newsletter

**Upcoming:** Evidence-Based Practice & Database Searching Workshop

**When:** 12 February 2025 08:30 - 13:00

**Where:** ONLINE

Register

Program

See All CIAP Training Workshop Dates for 2025:

See Full Schedule

## App Installation Guide: eMIMS Elite



You can find Mobile App *download* and *installation* instructions on the [CIAP Mobile Apps Page](#).

To access the eMIMS Elite app, you will need to request a **mobile token**:

1. Login to the browser version of eMIMSElite
2. Click on the 'three-line' icon on the top right of the main menu
3. Click on the 'Request Mobile Token' option
4. Submit your email address
5. You'll receive a token via mail in the email address entered by you
6. Log in to eMIMSElite mobile app by entering the token in the mobile app.

For further detailed instructions, see the [eMIMS Elite Application Installation Guide](#).

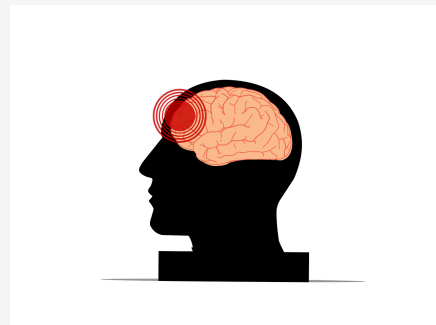
## What's the Diagnosis?



This condition is caused by trauma to the head, such as falls, sports-related injuries, and motor vehicle accidents, sudden acceleration or deceleration of the head.

### Physical Findings

- Tenderness or haematomas on skull palpation
- Evidence of external trauma
- Vacant stare
- Slurred or incoherent speech
- Difficulty with touching the finger to the nose
- Lack of coordination
- Altered neurological findings, such as gait imbalance, slowed response to questions, and changes to pupils
- Seizures.



What's the diagnosis?

Find out the answer [here](#) in Lippincott Advisor.

Access provided by CIAP.

## Take a Closer Look with Access Medicine's Interactive Modules



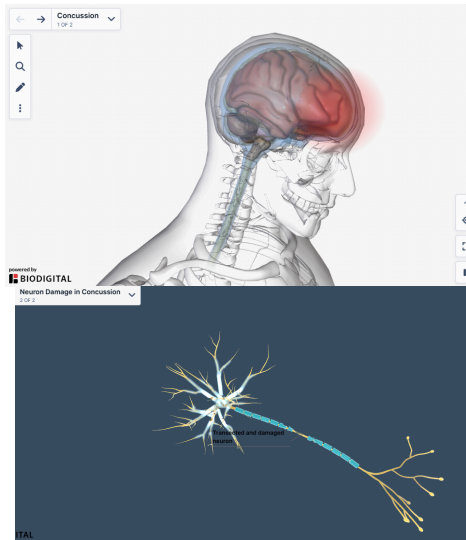
Access Medicine offers various study tools including:

- [Interactive modules](#)
  - [Infographics](#)
  - [Flashcards](#)
  - [Review questions](#)
  - [Cases](#)
- and more.

See the entire collection of Interactive Modules covering a range of clinical areas. Customise, download or print as a PDF to promote your topic of interest.

[See more](#) in Access Medicine.

Access provided by CIAP.



## CIAP Resource Overview Sessions



Join an upcoming **Resource Overview Session** and learn to use CIAP's essential evidence-based resources at the point of care.

These **1-hour virtual sessions** cover the **navigation and functionality of the resource**, demonstrating how you can utilise it in your daily practice.

Take this opportunity to **learn from the experts and enhance your daily practice** with these essential CIAP resources:



BMJ provides **evidence-based guidance on diagnosis, prognosis, treatment and prevention and the latest evidence-based information** that is practical for the clinical setting.

- **25 February 2025**
- 14:00-15:00
- Online (Microsoft Teams)

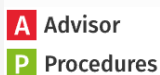
[Register](#)



UpToDate provides **in-depth, evidence-based clinical content and analysis in over 22 clinical specialties and trusted answers to your clinical questions**, based on the latest evidence and best practice.

- **26 February 2025**
- 13.30-14.30
- Online (Microsoft Teams)

[Register](#)



Lippincott Advisor provides **evidence-based summaries** for diseases, interventions and treatment practices, patient teaching and care planning; while Procedures provides **step by step guidance** on clinical procedures.

- 27 February 2025
- 13.30-14.30
- Online (Microsoft Teams)

Register

## Sport-Related Concussion: Case-Based Article



A 17-year-old female high school soccer player presents to the primary care office five days after striking the back of her head on the ground during a game. She did not lose consciousness but had a headache and dizziness and had been observed to have a “wobbly” gait as she walked off the field. She has had persisting symptoms (dizziness, nausea, trouble falling asleep, photosensitivity, and headache) that have kept her out of school. She had had a concussion two years earlier that took four weeks to recover from fully.

On examination, her vital signs are normal, but she reports lightheadedness on standing. On confrontation visual testing, her eye movements are not smooth, and she has increased dizziness while finger-tracking back and forth slowly across her visual field (smooth-pursuit eye movements). Motion of the cervical neck is painful, with muscle tenderness. During tandem gait testing for balance assessment, in which the patient walks in a straight line with one foot in front of the other, she takes a sidestep multiple times. During a tandem stance test, in which the patient stands with one foot in front of the other, she takes a sidestep four times in a 20-second period.

This *Journal* feature presents evidence supporting various strategies, followed by a review of formal guidelines, and ends with the author’s clinical recommendations.

Read more of this study in [New England Journal of Medicine](#).

Access provided by CIAP.

## Patient-Related Decisional Regret



Decision-making activities are embedded at different touchpoints of the patient's healthcare experiences. Over the last two decades, a paradigm shift in healthcare associated decision-making evolved from a provider-centered approach to promoting active patient participation in health-related decisions. The collaborative practice of patient and provider joint decision-making aims to increase patients' satisfaction with the decision and reduce its negative outcome, identified as decisional regret.

Decisional regret is increasingly used as a patient-reported outcome, often as a proxy measure to appraise the quality of the decision-making process between the clinician and the patient. Research on decisional regret has also examined predictors of this phenomenon and its negative impact on patient's life satisfaction, quality of life and subjective well-being. Yet, inconsistencies with the conceptual and operational definitions of decisional regret are noted across health-related literature. This concept analysis aims to conceptually define the phenomenon of decisional regret and synthesize the state of science on adult patients' experiences of decisional regret.

Learn more in [The Journal of Clinical Nursing](#).

Access provided by CIAP.

## Upcoming CIAP Events

**Evidence-Based Practice &  
Database Searching Workshop**

**12 February 2025**  
08:30-13:00  
Virtual (Microsoft Teams)

**CIAP Tools for Best Practice  
Workshop**

**20 February 2025**  
08:30-12:30

Virtual (Microsoft Teams)

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Contact the CIAP [helpdesk](#) 24 hours, 7 days a week.  
1300 28 55 33 or visit the CIAP [Support page](#).

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