

# CIAP news

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### What to do in a “Zombie” Outbreak



‘On July 12, 2016, a synthetic cannabinoid caused mass intoxication of 33 persons in one New York City neighbourhood, in an event described in the popular press as a “zombie” outbreak because of the appearance of the intoxicated persons.’

The [New England Journal of Medicine \(NEJM\)](#) has published an article, which discusses an emerging class of ‘ultrapotent’ synthetic cannabinoids and their strong depressant effects. Read the [full article](#) to learn more.

Find the ‘NEJM’ and more in CIAP’s ‘Journals’ panel.

### CIAP Tips and Tricks

This month, CIAP is highlighting the [video tutorial](#) of how to use the [Joanna Briggs Institute \(JBI\)](#) database. The JBI database is an Australian database of systematic reviews, evidence summaries and best practice recommendations and is an example of where you can find the best available evidence on CIAP. This short video will teach you how to access, navigate and best utilise the resource so that you can find relevant evidence for your specialty.

To view this video and more, go to CIAP’s [‘Knowledge Centre’](#) and select [‘Video Tutorials’](#).



### The Question



This month’s question is, ‘Does wearing open toe sandals during summer increase or decrease the risk of catching a fungal foot infection?’

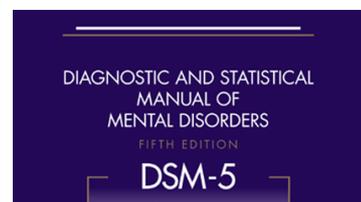
The answer is neither. According to a study published in the [British Medical Journal \(theBMJ\)](#), there is no notable variation in fungal elements found in toenail samples regardless of the season or month of sampling.

Read the [full article](#) by selecting ‘BMJ’ from CIAP’s ‘Journals’ panel.

### CIAP’s Book of the Month—DSM 5

The [Diagnostic and Statistical Manual of Mental Disorders \(DSM–5\)](#) is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. The book is highly authoritative and defines and classifies mental disorders in order to improve diagnoses, treatment, and research.

Find DSM-5 in CIAP’s ‘Books and Dictionaries’ panel.



## What it feels like to be an interesting teaching opportunity

The [British Medical Journal \(theBMJ\)](#) has published an article, written by Ruth Tapp, which highlights the importance of consulting a patient before using them as a case study for students. The article is written from the perspective of a vulnerable patient, who was not consulted before being observed and felt that she had no control over ‘a very frightening and overwhelming experience’.

Read the [full article](#) and more on theBMJ, which can be found in CIAP’s ‘Journals’ panel.



## CIAP App Spotlight—UpToDate



It has been 6 months since CIAP acquired [UpToDate](#), a highly authoritative, evidence-based and peer reviewed decision support resource, which contains in-depth clinical content and analysis across a range of specialties accessible online or via the mobile app. Just a reminder that you will need to log in to UpToDate from a NSW Health Network computer via CIAP at least once every six months in order to maintain access to the UpToDate App.

For more information on how to access the UpToDate App please go to “[Mobile Help](#)” on CIAP.

## eTG Complete Update

For the new [eTG](#) complete release, the formats of tables and drug recommendations have been improved. In response to user feedback, the drug index has been expanded to include drugs and doses displayed in tables, and the drug index will continue to be expanded over the coming year. To access the drug index, click on the **Browse drug index** button under the main search box on the eTG complete homepage. Type the generic name of the drug to see a drop-down list of indications for which the drug is recommended in eTG complete. Clicking on an entry will take you to the dose regimen for the indication.



## We’d love to hear from you...

[Tell us](#) what we should discuss in the upcoming CIAP newsletters.

## CIAP Events in 2017

### Live online Training

31 Jan | 14:30-15:30  
CIAP Essentials

[Register Here](#)

### Workshops

28 Feb | Evidence-Based Practice  
Agency for Clinical Innovation

[Register Here](#)

### In-services

7 Feb | Open Sessions  
Campbelltown

[View Here](#)

### Need help with CIAP?

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**1800 824 279**

or click on [Support & Contact](#) from the top menu on CIAP.