



eHealth

# CIAP Newsletter

## Natural Medicines is now NatMed Pro

Same great content but with a new name.

NatMed Pro provides high-quality, evidence-based information about complementary and alternative therapies, herbal medicines, and dietary supplements.



It's widely recognised as one of the most authoritative resources in this field.

Check out the updated monograph on [St. John's Wort](#).

You can also find safety, effectiveness, drug interaction information and more on NatMed Pro.

Access provided by CIAP.

## What is the diagnosis?

This skin condition primarily impacts teenagers and young adults, it is characterised by the formation of small cysts or comedones due to the blockage of hair follicles by sebum and keratinous material, which often results in inflammation and rupture of the cysts.

This condition, whose onset is frequently observed in adolescence with comedones on the forehead, may progress to inflammatory lesions on the face, chest, and back, and while most cases remain mild, some patients may develop severe scarring that can profoundly affect their quality of life, underscoring the importance of early treatment.



Source: Joseph Loscalzo, Anthony Fauci, Dennis Kasper, Stephen Hauser, Dan Longo, J. Larry Jameson: Harrison's Principles of Internal Medicine, 21e Copyright © McGraw Hill. All rights reserved.

What's the diagnosis?

[Find out the answer here](#) in Access Medicine

Access provided by CIAP.

## New CIAP half day workshop

### [CIAP Integrating Best Evidence Workshop](#)

This half day workshop will focus on using CIAP point of care resources to support evidence-based practice.

It includes info on:

- CIAP access and navigation
- Medicines resources
- Evidence-based practice resources
- UpToDate
- BMJ Best Practice
- Journals
- Books
- Guidelines
- Speciality guides

Check out the [workshop details here](#)



## Health care in the metaverse

Healthcare in the metaverse has the potential to significantly affect those with vision impairments, as their ability to navigate and access services in this largely visual environment could be hindered, exacerbating social isolation and causing potential health implications.

However, established accessibility strategies from other technologies, like increased text size and adaptive audio description, can be integrated to enhance their metaverse experience.



Proactively involving stakeholders with disabilities during the design and testing phases and regulatory measures will help ensure equitable access and consider the needs of all individuals, leading to more effective and inclusive metaverse development.

Learn more about the potential impacts in the [MJA](#).

Access provided by CIAP.

## Dementia literacy in an ageing world

This article highlights the significance of dementia literacy (DL) in addressing the challenges of dementia-related disorders.

Nurses play a crucial role in promoting DL and providing comprehensive support to patients and their families.

It emphasises the need for DL education in nursing curriculum and the development of effective interventions to improve DL levels among healthcare professionals and the general public.

Check out the article from the [Journal of Advanced Nursing](#).

Access provided by CIAP.



## Dietitian resources on CIAP

Looking for evidence-based information on nutrition?

Take a look at some of the high quality resources below.

**BMJ Best Practice:** [Nutrition Speciality](#)

Provides evidence-based monographs for diagnosis, treatment, and procedures. It helps dietitians stay informed about the latest research.

**UpToDate:** [Nutrition Search](#)

Offers evidence-based summaries and recommendations. It's a highly regarded resource, providing dietitians with the latest research and recommendations.

**TRIP Database:** [Nutrition Search](#)

High-quality clinical evidence and PICO (Patient, Intervention, Comparison, Outcome) search tool. Can help dietitians find evidence-based answers to specific clinical questions.

**MEDLINE:** [Nutrition Search](#)

Contains a vast collection of biomedical literature.

**Cochrane Library:** [Nutrition Search](#)

Is a database of systematic reviews and a register of controlled trials. It gives dietitians access to research studies and trials relevant to nutrition, helping them base their practice on solid evidence.



## Upcoming CIAP Events

### Live Online Training

Request Group Training

[Register Here](#)

### Workshops

Mental Health Workshop  
18 July

Nursing & Midwifery Workshop  
16 August

Paediatrics Workshop  
13 September

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