CIAP News November 2024



#### CIAP Training & Upcoming Workshops:

Register Here & Earn CPD Points

# **CIAP Newsletter**



Upcoming: Allied Health Evidence-Based Practice Workshop

When: 27<sup>th</sup> November 2024 08:30AM - 12:30PM

Where: ONLINE

Register

**Program** 

## Catch up on CIAP Training Workshops from 2024 with On-Demand Viewing



Did you miss the chance to attend a CIAP Training Workshop live this year?

CIAP delivered various training workshops focusing on **Evidence-Based Practice & Database Searching** and **Point of Care Resources** specific to a range of clinical specialties.

CIAP workshops are available to watch **on-demand!** Follow the below links to gain access to **recorded workshop sessions**, and watch at your own pace:

- Evidence-Based Practice & Database Searching Workshop
- Nursing & Midwifery Point of Care Resources Workshop
- Paediatrics Point of Care Resources Workshop
- Emergency & Critical Care Point of Care Resources Workshop
- Medicines EBP Workshop
- Mental Health EBP Workshop
- 1-hour CIAP Overview Session

Earn **CPD** points, enhance your day-to-day practice with **essential CIAP resources**, and gain understanding and confidence in utilising **evidence-based resources** and **databases** to efficiently find

information.

See upcoming CIAP Training opportunities on the <u>CIAP Training Events page</u>.

### What Is the Diagnosis?

This is a congenital haemolytic disease that results from a defective haemoglobin (Hb) molecule (HbS) that causes red blood cells (RBCs) to become crescent-shaped. It involves impairment of circulation, resulting in chronic ill health (pain, fatigue, dyspnoea on exertion, swollen joints), periodic crises, long-term complications, and premature death. No cure exists for this disease.

#### Relevant history includes:

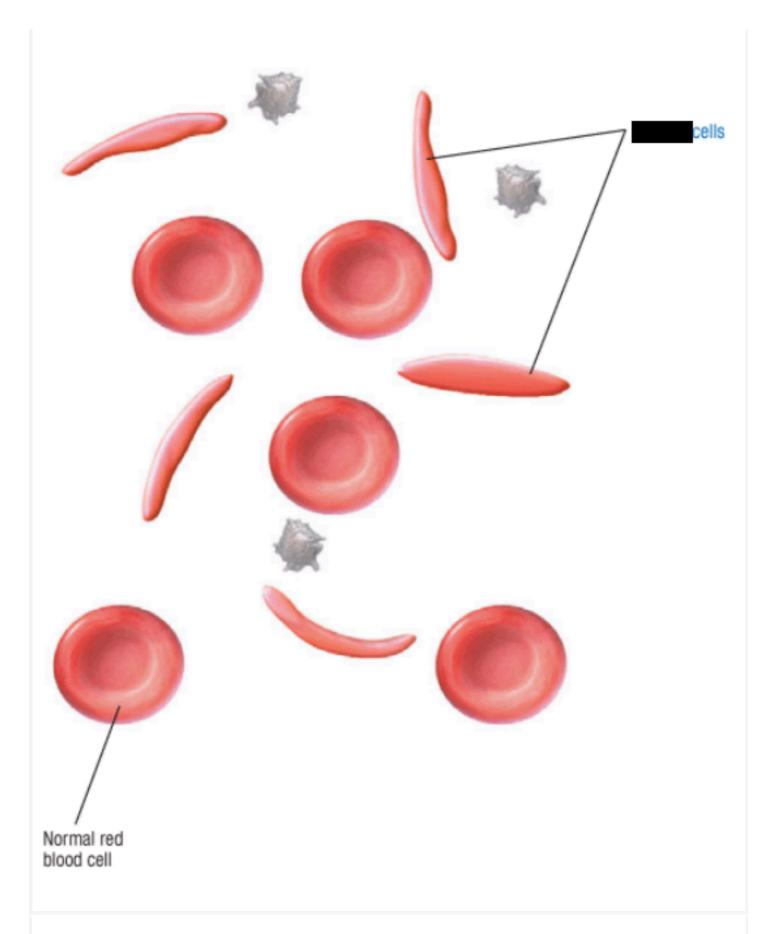
- · Chronic fatigue
- Unexplained dyspnoea or dyspnoea on exertion
- Joint swelling
- Asthma
- Aching bones (especially long bones)
- Chest pain
- · Ischaemic leg ulcers
- and more...

Risk factors include: African, Southern European, Middle Eastern, Asian, South Asian, and Central and South American heritage; parents with a family history of the disease.

What's the diagnosis?

Find out the answer here in Lippincott Advisor.

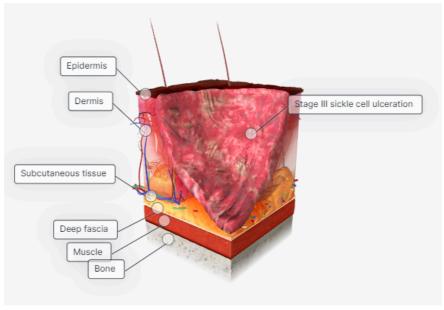
Access provided by CIAP.



Take a Closer Look with Access Medicine: Interactive Pathophysiology Animations







## **Early Identification of Pressure Injuries in People with Dark Skin Tones**



An essential component of nursing care is skin assessment. A thorough skin assessment can result in early recognition of skin damage and the implementation of crucial preventive measures, which can stop the onset of conditions like pressure injuries. Depending on a person's skin tone, diverse skin problems

manifest differently. It has been noted in the literature that erythema which is widely recognised as an early sign of pressure damage presents differently in populations with dark skin tones and can appear violet, grey, brown, dark brown or black

Much of the published literature on pressure injury does not describe skin tone. Research indicates that it might be challenging to correctly recognise early stages of pressure damage in people with dark skin tones.

Read more of this research piece in the <u>Journal of Clinical Nursing</u>.

Access provided by CIAP.

# **Cost Barriers to Medication Access in Australia: An Analysis of the Patient Experience Survey**



In November 2023, the Australian Bureau of Statistics (ABS) released its 2022–23 Patient Experience Survey data. This latest release shows that many Australians struggle to afford the medicines they need and that cost barriers to access have increased compared with the previous year. Women, younger people and those in poorer health are particularly affected. The data show that 9.4% of women compared with 5.5% of men reported cost-related non-adherence to medications (medication-CRNA) (ie, delaying or not filling scripts due to cost) prescribed by their general practitioner in the previous 12 months. The proportion increases for younger women to 14.7% for 15–24-year-olds and to 13% for 25–34-year-olds.

Younger Australians are more likely to experience cost barriers to care than older Australians. A 25–34-year-old is 2.7 times more likely to experience medication CRNA than a 75–84-year-old, 3.1 times more likely to delay visiting or not visit a general practitioner due to cost, and 3.8 times more likely to delay visiting or not visit a specialist due to cost. For women, the discrepancy is much more pronounced, with 25–34-year-olds 3.5 times more likely to experience medication-CRNA than 75–84-year-olds, 3.8 times more likely to delay visiting or not visit a general practitioner, and 4.8 times more likely to delay visiting or not visit a specialist due to cost.

Read more of this article in **The Medical Journal of Australia**.

Access provided by CIAP.

# Smart Home Technologies for Enhancing Independence of Living and Reducing Care Dependence in Older Adults



The rapid development of artificial intelligence has brought about a revolution in the way of living at home, and the emergence of smart home technology provides a brand-new perspective for solving the problem of social ageing. The application of smart home technology has the potential to effectively solve the problem of insufficient elderly caregivers while reducing the investment in manpower and time. Moreover, smart home technology may bring the elderly a more intelligent, personalised, convenient and high-quality home care experience, ensuring that they can enjoy comfort and safety while also receiving meticulous and thoughtful care. In this study, we focus on exploring the application of smart home technologies in daily life and health.

With its innovative solutions and personalised services, the rise of smart home technology provides a new means of support for the elderly. By integrating cutting-edge technologies such as sensors, the Internet of Things (IoT), cloud computing and artificial intelligence (AI), smart home technology can provide customised living services, helping older adults live more conveniently and comfortably.

Read more of this article in the Journal of Advanced Nursing.

Access provided by CIAP.

#### **Upcoming CIAP Events**

#### **Allied Health Evidence-Based Practice Workshop**

27th November 2024 08:30AM-12:30PM Virtual (Microsoft Teams)

Register

See all upcoming CIAP Workshops on the CIAP Training Events Page

**Upcoming Workshops** 

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