



eHealth

CIAP Newsletter

Long COVID: Update on primary care from the UK

In mid-2022, approximately 70% of the UK adult population had been infected with SARS-CoV-2. Of these, almost 2 million report Covid-19 symptoms persisting for more than four weeks.

Long COVID is characterised by a constellation of general and organ specific symptoms.

These multiple manifestations lead to difficulties with daily activities such as washing and dressing, low exercise tolerance, and impaired ability to work (either at all or partially), and result in reduced quality of life.

Learn more about the updates and latest findings on long COVID here in the [British Medical Journal](#).

Access provided by CIAP.



What is the diagnosis?

This condition is often associated with erythematous, circumscribed scaly papules and plaques on elbows, knees, extensor surfaces of limbs, scalp, and, less commonly, nails, ears, and umbilical region.

[Find out the answer here](#) in BMJ Best Practice and learn about the recent update.

Access provided by CIAP.



Last days to have your say

Collaboration with NSW Health clinicians and support teams has always been a top priority of CIAP.

In 2023 our five year managed services and resources contract is up for renewal.

We are seeking feedback from all CIAP users across NSW Health to help guide CIAP in ensuring the best resources and value for NSW Health staff are maintained.

If you could please take the time to complete our [CIAP 2022 User Survey](#) to share with us your recommendations and feedback for the future.

The average time to complete the survey is four minutes.



Primary headache drug treatment in ED

Treating acute headache begins at home and continues if necessary, in the emergency department.

Drug treatment is heterogenous, and understanding the determinants of prescribing could help appropriate medication choices.

Check out the evidence-based recommendations and study details in the [Medical Journal of Australia](#).

Access provided by CIAP.



Falling through the cracks: A call to action for people with OCD

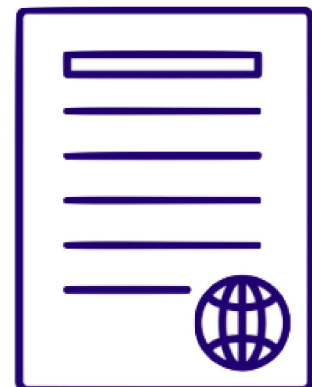
OCD affects 1 in 50 people in their lifetime. That is 140 million people globally, including 500,000 people across Australia.

It is associated with functional impairments across home life, social life, work/school and overall quality of life.

This editorial discusses the prevalence and burden, clinical service enhancement, the need for collaboration, advocacy and more.

Learn more about OCD in Australia in the [Australian & New Zealand Journal of Psychiatry](#).

Access provided by CIAP.



Monkeypox update from BMJ Best Practice

Globally, over 65,000 confirmed cases have been reported from 106 countries/territories/areas between 1 January 2022 and 30 September 2022.

The overall number of cases has been declining in recent weeks, likely due to behavioural modifications and vaccination, among other factors.

Check out the recently published international update on Monkeypox in [BMJ Best Practice](#).

Access provided by CIAP.



Practice changing update: Role of wound packing after drainage of perianal and perirectal abscess



UpToDate has released a practice changing update to wound packing.

After incision and drainage of a perianal or perirectal abscess, it is common practice to pack the wound.

In a PPAC2 trial of 443 patients with a primary perianal abscess, nonpacking, compared with packing, resulted in similar rates of fistula formation (11 versus 15 percent) and abscess recurrence (6 versus 3 percent), differences that were not statistically significant.

However, the nonpacking group had lower average pain scores (28 versus 38 on a 100-point visual analog scale).

Given these and similar findings from two earlier small trials, UpToDate now suggests not packing the wound after drainage of perianal or perirectal abscess

Find out more about the update and the details of the study in [UpToDate](#).

Access provided by CIAP.

Upcoming CIAP Events

Live Online Training

CIAP Overview
11, 12, 13 October
14:30 - 15:30

[Register Here](#)

Workshops

Nursing & Midwifery Workshop
27 October

Emergency & Critical Care Workshop
9 November

Need help with CIAP?

Contact the [CIAP helpdesk](#) 24 hours, 7 days a week.
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