

UpToDate User Guide



UpToDate provides in-depth, evidence-based clinical content and analysis in over 22 clinical specialties, delivered in easy-to-search and easy-to-read formats.

Its many features include:

- Over 11,800 Clinical Topics
- Search by symptom, disease, procedure, lab abnormalities and drugs
- Summary and Recommendations panel for rapid view of selected topic
- Detailed content for expanded view of selected topic
- Dates of content and literature reviews, modifications and updates
- Graded evidence and recommendations
- Links to information about authors and editors
- Links to references
- Over 495,00 references
- Over 30,000 Graphics (tables, algorithms, photos, videos)
- Over 195 Medical Calculators
- Practice Changing Updates as new evidence becomes available
- 'What's New' providing important updates within specialty areas
- Capacity to track UpToDate usage for Continuing Professional Development (CPD/ CME)

You can find it on CIAP

www.ciap.health.nsw.gov.au



eHealth

Answer Clinical Questions with UpToDate®

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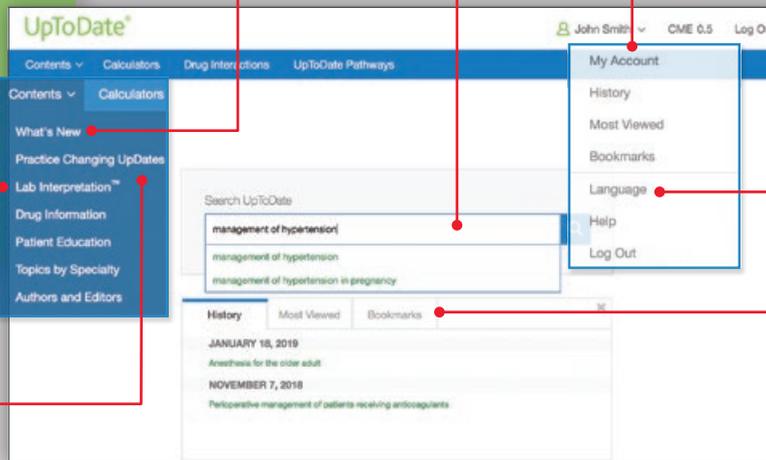
Enter a Keyword or Phrase

Be specific for best results.

Learn "What's New" by specialty.

Search with auto-complete.

Modify your user name and password or update your account information.



See a full list of Lab Interpretation™.

View Practice Changing UpDates (PCUs).

Search UpToDate topics in multiple languages.

Revisit information you find most valuable.

Prioritize the order in which topics appear on the search results page or filter your search over Graphics only.

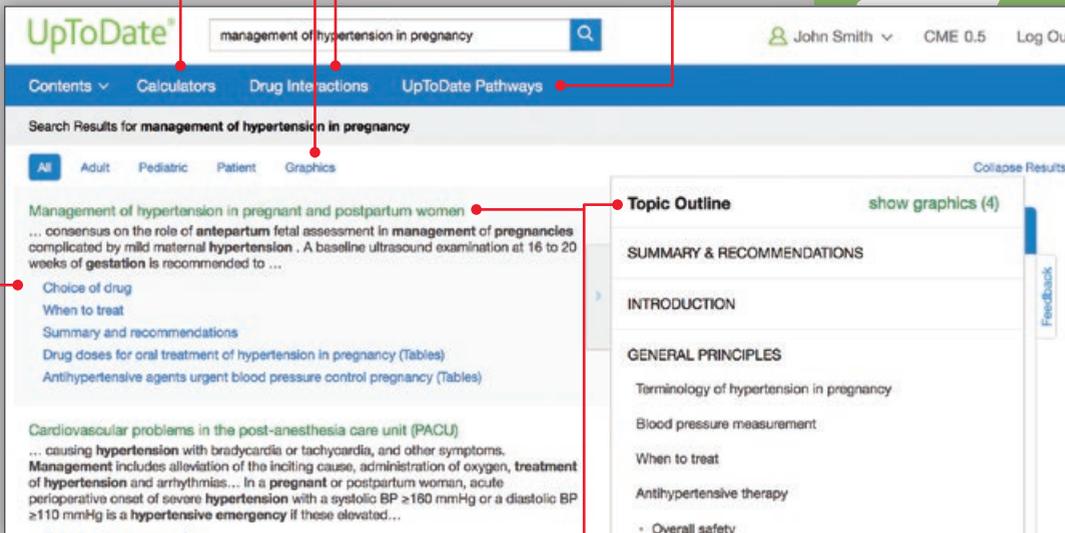
View list of UpToDate® Pathways by specialty.²

Calculate many different medical measures.

Access Lexicomp® drug interactions content.

2 Review Search Results

Results display the topics, sections and graphics that are most likely to answer your clinical question.



Personalize your view by collapsing or expanding results or hiding the topic outline.

Use subsections for easy navigation.

Hover over a topic to see the full topic outline
Click on a link to go to a specific section.

3

Research the Topic

Over 11,600 evidence-based medical topics provide the information you need for optimal patient care.

View a detailed outline within each topic.

Link to information about authors and editors.

Receive notification(s) of clinically significant change to topic.

Access patient education resources to share with your patients.

Accrue free CME/CE/CPD credits.

Share topics with your colleagues or patients.

Bookmark content for quicker access.

Print text, references, graphics or the entire topic.

Search for a word or synonym within a topic.

View the date that the topic was last modified, based on continuous review of the latest research.

Provide valuable feedback by submitting questions and comments to our editors.

Click to go directly to summary and treatment recommendations.

Click on a heading to go directly to the information you need.

View all graphics associated with a topic in a thumbnail format.

The screenshot shows the UpToDate interface for the topic "Management of hypertension in pregnant and postpartum women". The page is viewed by a user named John Smith with 1.0 CME credit. The navigation bar includes "Contents", "Calculators", "Drug Interactions", and "UpToDate Pathways". The left sidebar contains a "Topic Outline" with sections: "SUMMARY & RECOMMENDATIONS", "WHAT'S NEW", "INTRODUCTION", "GENERAL PRINCIPLES", and "GRAPHICS". The main content area shows the title, author (Phyllis August, MD, MPH), section editors (Charles J. Lockwood, MD, MHCM, George L. Bakris, MD), and deputy editor (Vanessa A. Barss, MD, FACOG). A "What's New" section highlights "Beta-blockers in pregnancy and risk for congenital heart defects (November 2018)". The introduction discusses the treatment of hypertension in pregnant and postpartum women. A "Topic Feedback" button is visible on the right side of the page.

Access related topics to find additional information.

Click to view a Medline abstract with full text when available.

Note: Visual depicts a registered user accessing UpToDate and accruing CME credit

UpToDate is accredited and recognized by colleges, associations, and authorities from around the world, and is a globally accepted information resource and learning tool. To see if you can use UpToDate to fulfill CME requirements in your country, or specialty, please visit www.uptodate.com/cme for the most current list of CME requirements. It is up to each user to determine whether his or her use of UpToDate qualifies for CME in any particular country/specialty.

¹ Lab Interpretation™ is part of UpToDate® Advanced™ which can be added to subscriptions for a fee. It is not available as a standalone product.

² UpToDate® Pathways is part of UpToDate® Advanced™ which can be added to subscriptions for a fee. It is not available as a standalone product.

Using the CME feature in UpToDate for CPD tracking

In order to accumulate CME/CE/CPD credits, you must be a registered user of **UpToDate** with a unique user name and password. This allows UpToDate to recognise you as an individual user so that CME/CE/CPD credit can be allocated to your account. To register for an **UpToDate** account, please refer to CIAP's **UpToDate Access and Registration Guide**.

To utilise the CME feature, you must be logged into **UpToDate** with your user name and password. It is advisable to log into your account each time you use **UpToDate** in order to accrue credits, whether at work, or using a mobile device.

For NSW Health users, CIAP recommends that the 'Time -based tracking' setting is selected. This will track the amount of time you spend searching and scrolling through clinical topics. The CPD credit you receive for time spent researching on **UpToDate** will depend on the specific requirements set down by your registration authority.

To enable 'Time -based tracking':

1. Log into your **UpToDate** account on any desktop computer
2. Select the **CME** option located at the top right corner of the page
3. Choose '**Time-based tracking**', then **Submit**. You may change this setting at any time using the left menu item: **View/Change My Settings**
4. You may view and print out your credits once you start to accumulate them, by selecting the '**Process CME**' option from the left hand menu of the CME page. You must have at least one month's activity to do this. You will be prompted to select only those hours actually spent on educational activities.
5. Add your **UpToDate** certificate to your CPD evidence diary

Note: While your CME credits will accrue while you are logged into UpToDate on any device, you can only set-up or change My Settings using a desktop instance of UpToDate.

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